NEWSLETTER

Sometimes stories take root in the most unexpected places.

October is a month full of stories. Some are new. Some are familiar. And **some go back more than half a century!**

This month, we're taking a look at one of the most surprising chapters in Cap Services' history: how a **Halloween disturbance in Edgemont Village** helped spark the creation of an organization that would go on to serve thousands of North Shore residents.







You'll also find updates from our various programs, a look ahead to fall activities, and details about exciting opportunities to connect with your community.

👻 October Giveaway 👻

- We've hidden 10 ghosts throughout this issue.
- Find all 10 to win one of our coveted Starbucks Tumblers
- Follow Cap Services on Instagram and comment on our giveaway post

👉 Turn the page to discover the story of how Cap Services first began



A look back at the history of Cap Services

How one unforgettable Halloween changed our community forever.

This month, we're proud to share a glimpse of that history through archival photographs and newspaper clippings that tell the story of where we came from, and how far we've come.

In the early 1960s, when chaos erupted on Halloween night in Edgemont Village, it prompted local residents, community leaders, and organizations to come together with a common goal: creating positive opportunities for young people and strengthening community connections.

What followed was the creation of a local community organization that would eventually evolve into the Capilano Community Services Society we know today.

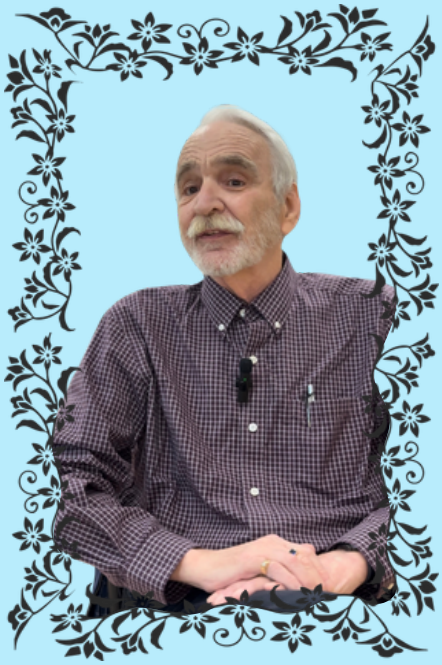


For more than fifty years, Cap Services has grown alongside the North Shore, adapting to changing community needs while remaining committed to connection, inclusion, and support.

Seniors' Program

Celebrating the seniors who keep our community strong.

October 1st is National Seniors Day and this month we will be recognizing the many contributions that seniors make to our community. Seniors make up the heart of our volunteer community here at Cap Services. Whether that's making sandwiches, serving breakfast, or volunteering at the Red Cross Health Equipment Loan Program (HELP), seniors continue to give back and strengthen community life on the North Shore. We'd also like to give a special recognition to DJ John who every Wednesday curates a musical playlist for folks living with dementia in our My Lions Gate BREAK day program.





COMING SOON!

Senior Social

Join us on October 8th for an afternoon of sandwiches, desserts and tea. With live music from John Cronin, you won't want to miss out.

Harvest Lunch

And if you are still hungry, you can try over 10 different types of soup at our annual Harvest Lunch on October 22nd. And of course, there will be plenty of pie!

Reserve your spot by emailing: austin@capservices.ca

Youth Program

Big adventures, strong friendships, and plenty of reasons to keep showing up.

September marked an exciting return to routines, friendships, and opportunities for growth. Over the past month, youth participants enjoyed a wide range of experiences, including outings to baseball games, Whitecaps matches, outdoor activities, and creative workshops. These opportunities continue to build confidence, connection, and a strong sense of belonging.









We're also excited to continue another year of **Future Leaders**, helping youth develop leadership skills, gain certifications, and prepare for future educational and employment opportunities.



School Year Support

Returning to school isn't always easy. Our Youth Outreach Workers continue to provide mentorship, guidance, and one-to-one support for youth navigating the challenges of the school year.

Proud partner of United Way British Columbia UNITED for kids and youth

http://capservices.ca | Instagram.com/ccssyouth | capyouth@capservices.ca

Family & Children's Program

This year, we are excited to host our very own Halloween Family Festival

Join us for a cozy indoor afternoon of Halloween fun, complete with a family photo booth, face painting, a kids' mini fashion runway, pumpkin pie decorating, and plenty of giveaways and surprises. Costumes are encouraged for both children and adults! Come dressed up and ready to celebrate. Spaces are limited and fill quickly, so be sure to register early to secure your spot (by scanning the QR code below.) 🎃



Cap Services' Christmas Craft Market

Have you heard the sleigh bells?

Our Christmas Craft Market returns for **its fourth year**, bringing together talented local artisans, festive shopping, and seasonal cheer. Best of all, **admission is completely free**, making it easy for everyone to enjoy one of our favourite community traditions.

