



Volunteer Posting

Kitchen Volunteer

Organization: Capilano Community Services Society

Volunteer Location: 1733 Lions Gate Lane, North Vancouver

Type of Position: Volunteer (Unpaid)

Time Commitment: 4-5 Hours Per Month

Start Date: As soon as possible

About Capilano Community Services Society

Capilano Community Services Society (CCSS) is a registered, not-for-profit charitable society with a mission to foster safe, inclusive, and healthy communities where individuals and families can thrive. CCSS provides engaging, low and no cost family, youth, and seniors programs and support services for North Shore residents. Our programming enhances social connectedness, wellbeing, resiliency, and promotes a sense of community belonging. CCSS is based out of the Lions Gate Community Recreation Centre.

Overview of Kitchen Volunteer Role

We are looking for **friendly** and **reliable** Kitchen Volunteers to assist with food preparation and serving of food during our nutrition programs for seniors.

Kitchen Volunteers play an important role in creating a warm and welcoming environment, while ensuring that food is prepared and served safely. This is a hands-on position for someone who enjoys cooking in a friendly environment and helping seniors feel less isolated and alone.

Opportunities Include...

- Help with plating and decorating tables
- Cooking and preparing food for seniors
- Serving meals and pouring coffee/tea
- Helping with dishes and cleaning up after meals

Are you someone who...

- Loves to cook and finds joy being in a kitchen
- Ensures safe food handling and hygiene (training provided if needed)
- Enjoys working alongside a team in a friendly environment



- Believes that seniors deserve to feel connected to their community
- Conducts themselves in a respectful, kind, and empathetic manner

Additional Criteria

- A successful criminal record check will be required (at no cost to the volunteer)
- A commitment to volunteering for minimum of 6 months

How to Apply

To apply for this volunteer position, **please email** Austin Neaves, Seniors Program Supervisor at: austin@capservices.ca. Please write a few sentences about yourself and why you are looking to volunteer in the email.